

Dermaplaning Post-care Instructions

After a dermaplaning treatment, your skin will be vulnerable. The skin revealed by the treatment will be especially sensitive for 3 days to a week after treatment. To take care of your skin, it is important you follow the simple aftercare advice we give you. Post-treatment guidelines include:

- Avoid direct sun exposure for 3 days
- Avoid extreme heat for 3 days
- Do not use scrubs or other exfoliators for 1 week
- Avoid chlorine for 1 week
- Apply serums and moisturizers
- Use sunscreen

The post-treatment care instructions are mostly a list of things to avoid to take care of the new skin. We may have additional guidelines for you to follow, such as specific products that should and should not be used.